

# Sinupulse Elite

SinuPulse Elite Advanced Nasal Sinus Irrigation System.

The SinuPulse Elite really is the most exciting and effective sinus cleansing solution we have ever seen.

Used and recommended by ENT surgeons, professional sports teams and athletic trainers across the world, the new SinuPulse Elite advanced sinus care system takes sinus cleansing to the next level.

Helps to clear stuffiness and prevent sinus infections.

Are you one of the millions of sinus and allergy sufferers?

Is your nose stuffed up?

Do you experience sinus headaches, allergy symptoms, infections, or post nasal drip?

Are you tired of the endless decongestants, corticosteroids, antihistamines, antibiotics, nebulizers, and even surgery for sinus relief?

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Introducing a better, more natural way to relieve your allergy and sinus symptoms.

The SinuPulse Elite Advanced Nasal Sinus Irrigation System is a soothing drug free device to relieve symptoms caused by sinus infections, allergies and the common cold including:

Â Â Â \* Post nasal drip

Â Â Â \* Cough

Â Â Â \* Congestion

• • • \* Sinus headaches

• • • \* Irritated nasal passages.

• • • \* The SinuPulse Elite is beneficial for sinus related snoring and environmental conditions including pollution, smoke, smog or chemical exposure.

## SinuPulse Elite Sinus Care System

Recommended by leading Ear, Nose and Throat specialists, Allergists, and Pediatricians, the gentle soothing pulsing rinse of the SinuPulse Elite system not only cleanses the nose and sinuses of allergens, dust, dirt and pollens but actually helps to enhance ciliary flow.

The SinuPulse Elite combines thousands of years in nasal irrigation experience through Jala Neti with 21st century's latest scientific, clinical and technological advancements in sinus cleansing. With two pulsating spray modes, you get to choose between a gentle moisturizing mist or a thoroughly cleansing stream of water.

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## A Quality Sinus Care System

Developed and engineered in Switzerland, The SinuPulse Elite has been designed by a team of professionals with over 30 years of irrigation experience. Its patented technology is the first and only pulsatile nasal irrigation system designed to deliver both a thorough cleansing pulsating rinse and a micronized pulsating moisturizing mist spray.

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**Sinus Care System**The SinuPulse Elite and its intermittent pulsing rinse helps prevent sinus infections and relieve the associated pain and pressure. Simple and easy to use the SinuPulse takes only a few minutes to use.

Recommended by leading health care professionals and supported by published medical reports pulsatile irrigation helps provide natural relief of allergy and sinus symptoms.

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The SinuPulse Elite features a state-of-the-art design that includes:

- Â Â Â \* Micro Touch on/off button with LED
- Â Â Â \* Electronic LED display
- Â Â Â \* Hypo allergenic design
- Â Â Â \* UL and CE approved (as well as FDA registered)
- Â Â Â \* Fully variable stepless pressure control dial
- Â Â Â \* Pause button on handle
- Â Â Â \* Calibrated pulse rate with Intellipulse Technology
- Â Â Â \* Dual spray mode: pulsating atomized mist spray or cleansing pulsating rinse
- Â Â Â \* 360 Degree tip rotation with lock and push button release for safety, comfort and control
- Â Â Â \* Reduced sound levels
- Â Â Â \* Non-clog, leak resistant design
- Â Â Â \* Measurement scale for easy and accurate mixing of solutions
- Â Â Â \* Hi-capacity water tank with hygienic cover
- Â Â Â \* Soft color coded nasal tips for family members
- Â Â Â \* 2 Sinus irrigator nasal tips (cleansing and moisturizing tip)\*\*

• • • \* 2 Throat irrigator and tongue cleansers included (cleansing and moisturizing tip)\*\*

• • • \* One month's supply of SinuAir cleansing solution included\*\*

• • • \* Adapter included which makes it suitable for use when traveling within Europe

• • • • \*\* More available separately

On top of all that, also included is sinus treatment information from Dr. Robert Ivker, best selling author of Sinus Survival. In plain English, he present a holistic medical treatment for chronic sinusitis.

I recommend the SinuPulse, which is the premier state-of-the-art irrigation device and the only one capable of delivering both a gentle moisturizing mist spray or a more thorough cleansing pulsatile rinse. One of the most therapeutic measures in completely eliminating a sinus infection and treating sinusitis. It can help quickly and dramatically.'

Dr. Ivker, Author Best Selling Book,

Sinus Survival

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SinuAir

Included with your SinuPulse Elite are SinuAir powdered nasal moisturizer and irrigation solution saline packets. Each packet's 100% natural solution is easy to mix into the water in the SinuPulse's reservoir. SinuAir nasal cleansing powder is recommended by leading ENTs, allergists and pediatricians for natural relief. SinuAir is uniquely formulated to moisturize and enhance ciliary flow. PH balanced with no preservatives there is no burning or stinging. SinuAir contains the healing and cleansing properties of natural salt but doesn't have the sediments found in sea salt or the additives found in table salts.

A Versatile System

The SinuPulse Elite is not just a great sinus irrigation machine! With the throat mist tip with built-in tongue cleanser, the SinuPulse Elite can also help you maintain or improve dental and oral health. You can treat soar throats, rinse away food particles and add your favourite mouthwash for fresh breath protection. You can order additional tips so the whole family

can use the SinuPulse Elite!

SinuPulse Elite with SinuAir

SinuAir Powdered Saline SinuAir Saline Powder

SinuAir is a physician recommended 100% natural alternative to the many over-the-counter nasal sprays and saline products that contain irritating preservatives and additives. SinuAir's unique formulation is PH balanced and has been specifically designed to gently cleanse, soothe and moisturize sensitive nasal passages.

The natural, drug free way to enhance ciliary flow and wash the sinuses.

Â Â Â \* Physician Recommended

Â Â Â \* No Burning or Stinging

Â Â Â \* Preservative Free

Â Â Â \* Iodine Free

Â Â Â \* May be used as an Isotonic or Hypertonic solution

Soothe allergy and sinus symptoms!

Simply mix with distilled, filtered or previously boiled water. For best results, use with the SinuPulse Elite advanced nasal sinus irrigation system. Also suitable with all other forms of nasal irrigation including nasal sprays, nasal wash and neti pots. The spray bottle option comes with its own handy, portable inhaler.

**SinuAir Spray Bottle**The SinuAir formulated powdered nasal moisturizer & irrigation solution comes in boxes with 30 convenient, pre-measured packets. If you rinse daily with one sachet of salts, one box will last a month. The spray bottle comes with 200 gram powder and a measuring spoon so you can mix it as mild or strong as you like. The spray bottle is great for on the go, especially during hay fever season.

### Benefits of regular cleansing.

Nasal irrigation has consistently helped people all over the world, for thousands of years. Starting as the Ayurvedic practice of Jala Neti, nasal irrigation has since progressed to a machine powered, pulsatile mist wash. Benefits of a regular sinus wash include

- Improved breathing (used by athletes and CPAP users)Fast allergy relief (hayfever etc.)
- Elimination of sinusitis and chronic sinus infections
- Moistening of dry and stuffy nasal passages
- Reduction or elimination of post-nasal drip
- Reduction in the symptoms of phantosmia
- Avoiding the common cold
- Improved sense of smell
- Improved sense of taste
- Improved hearing (ears, nose and throat are all connected)
- Increased auto-immune system ability

When using SinuAir with the SinuPulse Elite throat irrigation tip, dental health may be improved and halitosis (bad breath) treated or avoided. Sore throats are also known to heal with a salt solution. As far back as 460 BC, Hippocrates frequently used salt as a remedy for a variety of ailments. Sea water has been used throughout the centuries for its therapeutic health benefits. SinuAir is an easy to dilute, salt-based powder without preservative,s which gives you the healing properties of salt in a convenient form. SinuAir is safe to use for children and during pregnancy too.

SinuAir is 100% natural and contains: sodium chloride ("common salt"), sodium bicarbonate ("baking soda"), potassium chloride (KCl or "potash") and calcium chloride (also a salt). Like regular salt, SinuAir stays good for many months if kept dry.



### SinuAir Powder PacketsÂ Â£17.95

To ensure an optimal cleansing experience and proper machine maintenance, please only use additive free salts such as SinuAir Powder. Contains 30 convenient 5g packets in one box. Enough for one month if used once daily.

### SinuAir Spray Bottle & PowderÂ Â£17.95

Contains 200 gram tub of formulated SinuAir powder, spray bottle and measuring spoon. Lasts approx. one month.

### SinuPulse Standard Sinus Irrigator Â Â Â

#### Sinus Irrigator Tip Â Â£9.95

One extra sinus cleansing irrigator tip for the SinuPulse Elite. Delivers a steady flow instead of a fine mist. Helps relieve post nasal drip.

The unique patented design of the Tip accurately modifies the pressure and pulse rate of an oral irrigator safely and effectively for the purpose of nasal irrigation. The SinuPulseÂ® Sinus Irrigator Tip helps clear nasal congestion, post nasal drip, sinusitis, and prevent sinus infections. 100% hypo allergenic with gentle pressure control and a form fitting nasal applicator.

#### Sinus Mist Irrigator Tip Â Â£9.95

One extra SinuMist tip for the SinuPulse Elite. Delivers a fine mist instead of a steady flow. Gently cleanse and moisturise your nasal passages.

"Soothe and moisturizes your sinuses with a mist spray sensation"

The SinuMistÂ® Irrigator Tip provides a unique patent pending atomized mist sensation for a soothing moisturizing spray. The fine mist application is an excellent alternative for dry irritated nasal passages. The gentle mist spray application is ideal for children and adults.

#### Throat Irrigator Tip Â Â£9.95

One extra throat irrigator tip with tongue cleaner for the SinuPulse Elite. Soothe and massage sore throat irritation. Great for use with tonsil stones and cryptic tonsils.

The SinuPulseÂ® Throat Irrigator Tip & Advanced Tongue Cleaner provides gentle soothing relief of sore throat pain, reduces swelling, and encourages healing by massaging and stimulating blood flow to the infected area. New state-of-the-art tongue cleaner feature utilizes a unique patented contour design and quad-edge action for greater comfort and control. A gentle pulsing rinse removes bacteria and food particles for fresh breath.

#### Sinupulse Throat Mist Irrigator Â Â Â

### Throat Mist Irrigator Tip Â Â£9.95

One extra throat spray mist tip for the SinuPulse Elite. Soothe and moisturise your throat with a mist spray. Also functions as a tongue cleaner.

"Soothe and moisturize your throat with a mist spray sensation"

The Throat MistÂ® Irrigator Tip & Advanced Tongue Cleaner provides a unique patented atomized mist spray sensation for soothing moisturizing relief. The fine mist application is excellent for use with your favorite mouth rinse or antiseptic for fresh breath protection.

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## Nasal / Sinus Irrigation

### How does the SinuPulse Elite sinus irrigator work?

Most upper-respiratory problems, including sinus infections and allergies, are related to poor function of nasal cilia, the tiny hairs in the mucous membranes that act to remove pollutants. Most drugs treat symptoms. Some drugs kill bacteria temporarily, but they don't improve the body's long-term ability to fight infection. The SinuPulse Elite Advanced Nasal Sinus Irrigation System bathes the nose and sinuses with a gentle and refreshing pulsating action. The device helps restore membranes to their natural level of moisture.

A short period of regular use can stimulate the cilia to restore their natural protective sweeping action. Especially beneficial for post-operative treatments, allergies, asthma, chronic sinusitis, sinus headaches, post-nasal drip, recurrent sore throats, and dry membranes, this is a drug-free procedure that is designed to be used at home simply, safely, and effectively.

Pulsatile sinus irrigation has been shown in clinical tests to improve and stimulate the nasal and sinus cilia - the body's first line of defense against foreign bodies entering the sinuses. The unique dual mode pulsatile cleansing action of the SinuPulse Elite may even be eligible for reimbursement by some insurance providers.

The SinuPulse Elite assembly and seals are encapsulated and designed without latex or rubber to help resist premature wear associated with use of saline products, common in oral irrigator devices.

How do I use the SinuPulse Elite?

With the SinuPulse Sinus Irrigator Tip, add one teaspoonful of SinuAir or salt (non-iodized salt because some people are sensitive to iodine) to the basin to get the correct saline concentration. Fill the reservoir with warm water, about 27 ounces. Turn on the device and adjust the pressure so that if you point the irrigator straight up in the air, the stream is about one inch high and approximately 5 psi. Use the EZ touch push button feature on the handle to adjust the flow of water, temporarily interrupt the flow of water, or simply turn the unit off using the micro-touch on/off button on the base of the unit. Bend over the sink, place it in one nostril, and release the EZ touch push button on the handle to begin the flow, or turn the device on using the on/off button. The saline goes through one nasal chamber and out the other. After about a minute, switch nostrils. Use about one-third of the basin on each side or until the saline return is clear.

With the SinuMist Sinus Irrigator Tip, the SinuMist tip is designed to be used at the low-pressure range of the SinuPulse Elite irrigator. the SinuMist Tip is limited for use with the SinuPulse Elite irrigator only, and it must not be used with any other irrigator or appliance. Turn on the unit with the pressure set at low and adjust the pressure to a comfortable mist spray. Place the tip in one nostril, bend over the sink, and turn the device on. The saline mist spray will slowly moisturize and fill the nasal chamber. After about 20-30 seconds, switch nostrils. Due to the small particle size of the SinuMist tip, much less saline or rinse solution is required.

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How long do I need to use it?

For most nasal and sinus conditions, daily irrigation will restore cilia to good functioning within 10 days. Discontinue sinus irrigation as soon as your sinus condition is cleared, or as directed by your doctor.

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Is it easy to use and safe?

Yes, this method is very safe - safer than blowing your nose, as a matter of fact. Note that, for safety reasons, the SinuPulse Elite will not work if the nose is completely obstructed.

How do you clean the SinuPulse and Sinus Irrigator Tip?

Rinse the machine thoroughly with cold water to remove the salt after each use. Use soap and warm water to clean the irrigator tip. You may also remove the silicone bulb tip and boil it - but do not boil or steam the plastic stem.

## Throat Irrigation and Tongue Cleaning

How does the SinuPulse throat irrigation system work?

The SinuPulse Throat Irrigator Tip provides gentle, soothing relief of sore throat pain, reduces swelling, and encourages healing by massaging and stimulating blood flow to the infected area. It's extremely beneficial for cryptic tonsils and tonsil stones. The new, state-of-the-art tongue cleaner features a unique triple edge action and gentle rinse designed to remove bacteria and food particle for fresh breath. It provides pleasant infection protection for the entire family. Pulsatile irrigation of the throat gently washes away surface bacteria and helps reduce the number of bacteria that the body has to fight. Increasing blood flow also brings more white blood cells that can kill bacteria. The throat irrigator is especially beneficial for recurrent sore throat, pain and swelling, hoarseness, tonsillitis, laryngitis, and bad breath.

Is this better than gargling? Is it safe?

It's safer than gargling! Pulsating irrigation is 100 times more effective than simple rinsing or gargling. By eliminating the bacteria, the SinuPulse gives the body a fighting chance of overcoming bacteria without antibiotics.

How do I use the SinuPulse Throat Irrigator?

With the Standard Throat Irrigator Tip, add saline or diluted mouthwash to the SinuPulse Elite basin. The throat tip has a

contoured design to fit on the tongue comfortably. Lay the tip straight back on the left side of the tongue and direct it just behind the last tooth. The irrigation system will wash the left tonsil and side of the throat, then come around and wash the other side. Gently pull the tongue cleaner back and forth to remove and rinse away bacteria and food particles. Turn the tip over and place it on the right side of the tongue and direct it just behind the last tooth. Use it for about a minute on each side. Low pressure is recommended. The 45-degree angle of the irrigation tip and tongue cleaner acts as a tongue depressor to prevent any reflex gagging.

With the throat mist tip, simply add saline or your favorite mouthwash or oral rinse to the irrigator basin. The throat tip has a contoured design to rest on the tongue comfortably. Lay the tip straight back on the left side of the tongue and direct it just behind the last tooth. The pulsating mist spray sensation will not only soothe the back of your throat, but it will help rinse the tonsil tissue and side of the throat. Gently pull the tongue cleaner back and forth to remove bacteria and rinse away food particles.

Turn the tip over and place it on the right side of the tongue; direct it just behind the last tooth. Use it for about 30 seconds on each side. Always begin on the lowest pressure setting.

When should I use the SinuPulse Elite Throat Irrigation System?

Use it for throat pain, swollen tonsils, cryptic tonsils, tonsil stones, or hoarseness use at onset of symptoms. It is especially recommended to use the throat irrigator at the earliest onset of a sore throat for best results and to prevent the spread of germs to other members of the family. Discontinue throat irrigation as soon as the sore throat clears, or as directed by your physician. The throat irrigator works great for cleaning food particles and debris from cryptic tonsils, a common source of infection and bad breath. For fresh breath, use the tongue cleaner daily to remove bacteria and food particles.

Is the SinuPulse Tongue Cleaner effective against bad breath?

Yes! By washing away bacteria and food particles in hard-to-reach crevices, the tongue cleaner is excellent for breath odor control.

How do you clean the SinuPulse and the Throat Irrigator Tip?

Rinse the machine thoroughly with cold water after each use to remove any residue. Use mild soap and warm water to clean the irrigator tip.

What one Nutritionist thinks about the SinuPulse

"My one area of health weakness is my sinuses. I have been very impressed by the results reported for something called SinuPulse. It's an advanced nasal sinus irrigation system recommended by ENT specialists and it's very easy to use. It has become part of my daily routine, like brushing one's teeth and has made a big difference. Within a couple of days my nasal passages and breathing have become so much clearer. I definitely recommend it for anyone who suffers from allergy or sinus problems/ with sinus issues/concerns"

Nutrition Expert, Patrick Holford

[www.patrickholford.com](http://www.patrickholford.com)

A prescription is not required to order VAT free. You are allowed to order this machine VAT exempt provided it is intended for personal use only and you have been suffering from chronic sinus problems for some time.

Weight = 1.325Kg

Dimensions (cm) = 24.5 Length x 12.5 Width x 15.0 Height

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SinuPulse can be declared as a medical device and is vat exempt. Simply click the box next to "Declare VAT free" to save money

For further information about the Sinupulse and prices [www.electronichealing.co.uk](http://www.electronichealing.co.uk) or telephone 0844 804 2130 where many other health products can be found.