

Cottingham Rangers FC

Cottingham Rangers Football Club

Cottingham Rangers Football Club are promoting the FA's initiative to encourage girls into playing football. The club are specifically looking for under 8's (yr 2 & 3) and under 10's (yr 3 & 4) from beginners to experts.

The club can offer participation at their weekly 1 hour football session at Cottingham High School Sports Hall and competitive team matches on a Saturday morning for the under 10's on the school playing field.

An FA qualified coach is in attendance at all the training sessions and matches. They are trained to coach in a safe and fun manner, with the emphasis on enjoyment, deal with child protection; treatment of injuries and are C R B checked. The girls aren't put under any pressure to perform.

As well as providing a healthy lifestyle through sport, the sessions also allow the girls to meet new friends and colleagues.

The Club is building on the success of the current under 12's girls team, who are spearheading the route to establish teams at all age groups. For this to succeed the club need to continually encourage more younger players into the pathway.

The Club has achieved FA Charter Standard and has been in existence since 1972. Further details can be found on the clubs website www.cottinghamrangers.co.uk

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